

RESOURCE GUIDE



Developmental Disabilities Council of Oklahoma

♦ **PARTNERS IN POLICYMAKING**

Disability advocacy training for parents, self-advocates and allied professionals that promotes the independence, productivity and inclusion of Oklahomans with disabilities. This training is provided free to those who are accepted into the program.

♦ **YOUTH LEADERSHIP FORUM**

A free five day training academy held each summer for students with disabilities entering their junior or senior year in high school. This forum includes activities and speakers who promote lifelong leadership skills.

♦ **CUSTOMIZED TRAININGS**

The DDCO creates and delivers trainings on a variety of subjects for agencies, businesses, schools or community organization.

♦ **JUSTIN A. McCURRY LIBRARY AND RESOURCE CENTER**

A specialty library that contains books, videos and other resources covering disability related topics.

♦ **PROGRAM FUNDING**

The DDCO may provide seed funding for new projects in Oklahoma. Previously funded projects include: Early Access Autism Screening, SibShops, Sooner SUCCESS, TechNow and Dream Night at the Zoo.

DISABILITY RESOURCES & COMMUNITIES

Oklahoma Developmental Disabilities Council	405-521-4984
Advocacy, education and training for self-advocates, family members and professionals http://www.okddc.ok.gov/	
ABLE Tech	1-800-257-1705
Assistive technology rental and demos. Low-interest car loan program, Durable medical equipment exchange program. http://www.ok.gov/abletech	
Oklahoma People First	405-701-2077
Self-advocacy fellowship for adults with disabilities, 18 chapters in Oklahoma http://okpeoplefirst.org/	
Oklahoma Family Network	405-271-5072
Supporting families of children and youth with special needs via emotional support, resource navigation http://oklahomafamilynetwork.org/	
Sooner SUCCESS	1-877-441-0434
Information and referral, community resource navigation, respite referral http://soonersuccess.ouhsc.edu/	
SibShops	405-691-2928 or 918-227-1797
Opportunities for siblings to obtain peer support and education within a recreational context http://soonersuccess.ouhsc.edu/Sibshops.asp	
Center for Learning & Leadership	405-271-4500
Network, resources, training & information http://www.ouhsc.edu/thecenter/	
Library for the Blind and Physically Handicapped	1-800-523-0288
http://www.library.state.ok.us/	
Americans with Disabilities Act	1-800-949-4232
Compliance and questions	
Office of Disability Concerns	405-521-3756
Identifying employment needs and enhancing opportunities	
Statewide Independent Living Council	405-951-3581
Information, technical assistance to the network of Centers for Independent Living (CIL's)	
Oklahoma Parents Center	405-379-6015
Parent training and advocating for children with State Department of Education http://oklahomaparentscenter.org/	
Pervasive Parenting Center	918-658-5076
Serving rural families in eastern Oklahoma with support and training needs http://pervasiveparentingcenter.org	
TARC and OK_AIM	405-557-1878 or 918-582-8272
Volunteer guardian program, group home monitoring and advocacy on disability issues. http://www.ddadvocacy.net/	
Areawide Aging Agency	405-942-8500
Aging helpline, caregiver support, information, legal services, long-term ombudsman, health and transportation http://areawideaging.org/home.html	
Oklahoma Autism Network	1-877-228-8476
http://www.okautism.org/	
Autism Oklahoma	405-315-6337
http://www.autismoklahoma.org/	
Oklahoma Early Access Autism Screening	405-295-5273
Early detection of autism spectrum disorders, also provides services and resources	
Down Syndrome Association of Central Oklahoma	405-600-9981
http://www.dsaco.org/	
Ability Connection	405-759-3562 or 918-794-4655
Formerly United Cerebral Palsy, offering parent support groups, loans and grants for assistive technology and housing. http://abilityconnectionoklahoma.org/	
New View Oklahoma	405-232-4644
Formerly Oklahoma League for the Blind http://www.newviewoklahoma.org/	

OTHER DISABILITY RESOURCES & COMMUNITIES

Oklahoma Association of the Deaf	405-236-5513
Resources and support for the Deaf and those with hearing loss. http://ok-oad.org/	
TSHA- Sign Language Interpreters	1-888-311-3523
Tourette Syndrome Association of Oklahoma	405-377-3884
http://tsa-ok.org	
Epilepsy Association of Oklahoma	405-463-0673
http://www.okepilepsy.org/	
D.A.'s Victim Witness Center	405-713-1600
Protection and assistance to victims of bodily harm or sexual assault	
Crossings Community Church	405-753-4070 or 405-753-4071
Fellowship for divorce care, grief share, anger management, family support, 12-step recovery and more	

EDUCATION AND CHILD CARE

Sooner Start	405-271-9477 or 918-623-1800
Early intervention for children birth through 3 years old	
Smart Start Oklahoma	405-278-6978 or 1-866-283-0987
Assist in education, age birth through kindergarten, preparing all children for school http://smartstartok.org/	
Oklahoma Child Care Resource & Referral Association	405-942-5001
Child Care resources, listings & trainings http://www.oklahomachildcare.org/	
Oklahoma DHS Child Care Locator	405-232-0199 or see map
http://childcarefind.okdhs.org	
Community Action Partnerships	
Low income head start, child care, preschool services & youth programs http://okacaa.org/	
Special Education Resolution Center	918-270-1849
School district-family dispute resolution strategies. http://serc.okstate.edu	
Oklahoma State Department of Education	405-521-3301
Educational support, accountability and assessment, special education support	
Easter Seals	405-239-2525
Therapy, training, education for people with disabilities including specialized child care http://eastersealsok.org/	
Special Care, Inc.	405.752.5112
Specialized child care, early childhood education and therapeutic services	
Zarrow Center for Learning Enrichment	405-325-8951
Postsecondary and vocational planning for young adults with disabilities. http://ou.edu/zarrow	

LEGAL ADVISEMENT

Oklahoma Disability Law Center	1-800-880-7755
Federal legal advocacy agency include Social Security, Medicaid and special education matters	
LegalAid (Civil)	1-888-534-5243
Oklahoma Indigent Defense System (Criminal)	405-801-2601
Oklahoma Indian Legal Services	405-943-6457
Hispanic Legal Outreach	918-295-9420
Older American Law Project	918-631-5799
Senior Law Resource Center, Inc.	405-528-0858
Neighbor For Neighbor Legal Clinic	918-425-5595
OU Legal Clinic	405-325-3702
OCU Immigration Law	405-523-3001
Court Appointed Special Advocates	1-800-742-2272
Appointed by a judge to act in the best interest of deprived children	

FAMILY SUPPORTS

Catholic Charities of Oklahoma City and Tulsa keeps list of community resources for:

Food	Clothing	Diapers & Baby Supplies
Christmas	Counseling	Employment Training
Household Goods	Housing & Utilities	ID Cards
Legal Services	Clinics	Mental Health & Counseling
Prescriptions	Shelters	Travel

Oklahoma City: 405.523.3000

Tulsa: 918-949-4673

<http://catholiccharitiesok.org/>

<https://cctulsa.org/>

Community Action Partnership

405-949-1495

For low income individuals: Food, shelter, transportation, home weatherization and repair, Head Start, GED, Rx for OK,
<http://okacaa.org/>

Oklahoma Housing Finance Agency (Section 8)

405-848-1144

Helps eligible low income families with rent so they can reside in safe and affordable housing

WIC

405-271-4676

Food and support for women, infants, and children
<http://www.wicprograms.org/>

TANF

405-521-4391

Temporary Assistance for Needy Families- support in basic needs, training, employment, and childcare assistance. Apply at your local DHS office.

Regional Food Bank

405-972-1111

Distributes food and services 53 OK counties
<http://www.regionalfoodbank.org/>

Community Nutrition Education Programs

405.744.6280

Training on nutrition and meal planning for anyone in an eligible food assistance program, multiple counties
<http://fcs.okstate.edu/cnep/>

Salvation Army

405-246-1100

Food, clothing, shelter, utility assistance, summer cooling program
<http://salvationarmyokcac.org/>

West Town/OK Homeless Alliance

405-415-8500

Day Center, food, employment, AA/NA, medical/dental, computers, barbers, coordinated case management
<http://www.homelessalliance.org/>

City Rescue Mission

405-232-2709

<http://cityrescue.org/>

City Care

405-609-2400

Transitional living supports, tutoring, life skills and meals for homeless families
<http://www.citycareinc.org/>

Jesus House

405-232-7164

Housing, clothing, furniture, food baskets, utility assistance, travel assistance, hot meals

NAMI OK: National Alliance on Mental Illness

1-800-583-1264

Support groups and training
<http://namioklahoma.org/>

OK Mental Health and Substance Abuse Services

1-800-522-9054

Including Systems of Care and wraparound services for families
<https://www.ok.gov/odmhsas/>

OKDHS Calm Waters

405-841-4800

Serving children and their families in crisis and through grieving
http://calmwaters.org

SunBeam Family Services

405-528-7721

Emergency shelter for elderly or foster youth, counseling and mental health services
<http://www.sunbeamfamilyservices.org/>

YWCA

405-948-1770 or Tulsa 918-587-2100

24-hour crisis line 1-800-522-7233

EMPLOYMENT & TRAINING

Oklahoma Works	405-713-1890
Statewide training and employment network http://oklahomaworks.gov	
Oklahoma Work Incentives Planning and Assistance (OWIPA)	405-325-3251
Provides work incentives planning to those receiving SSI/DI.	
Association for Persons in Supported Employment (OKAPSE)	405-325-0457
Membership organization for people with disabilities and employers http://www.ok-apse.org/	
United Urban Indian Council	405-810-9202
Employment, job training, GED, voc. rehab., advocacy for Native Americans http://uuic.org/	
Department of Rehabilitative Services (DRS)	405-951-3400
Vocational training, visual Services, disability determination http://okdrs.gov	
Career and Technology Education	405.377.2000
Network of state's 29 technology centers http://okcareertech.org	

HEALTH & WELLNESS

At the Oklahoma Health Care Authority:	http://okhca.ok.gov	405-522-7171
Medicaid: SoonerCare, Oklahoma's Medicaid program, provides health care to eligible (1) children under the age of 19, (2) adults with children under the age of 18, (3) pregnant women and people who are older than 65 or have blindness or another disability		
Medicare: Medicare provides coverage to individuals age 65 or older and some people with disabilities		
TEFRA: Allows children with significant physical or mental disabilities to be eligible for SoonerCare regardless of parent's income. Begin application process at your local DHS office.		
County Health Departments	Vaccines, wellness, stop smoking, training https://www.ok.gov/health/ and click on County Health Departments	
Newborn Hearing Screening (State Department of Health)		1-800-766-2223
Health Alliance for the Uninsured		405-286-3343
Coordinates testing, surgery, specialist and prescriptions for low income persons across a network of their clinics http://hauonline.org		
Insure Oklahoma		1-888-OK-EPIC
Group and individual plans available, state subsidies http://insureoklahoma.org		
Senior Health Insurance Counseling Program (SHIP)		1-800-763-2828
Oklahoma-based Information about Medicare, Medicaid, Medicare Advantage, Long-Term Care		
Central Oklahoma CARE LINK		405-524-8100
Donated and reduced cost physicians, hospital, vision and prescription services for low-income uninsured people		
Rx Oklahoma		1-877-RX4-OKLA
A prescription assistance program for those without or not enough health insurance. http://www.cocaa.org/rx		
OKC Pharmacy		405-713-1893
Fills prescriptions for people without insurance on 11 th and Hudson or 23 rd and Air Depot		

CONTACTING DHS

DHS- Dept. of Human Services– Info and Referral	405-521-3646
DDS- Developmental Disability Services, call your area:	
Area I- OKC and NW Oklahoma:	405-522-6925
Area II- Northeast Oklahoma:	918-560-4848
Area III- Southern Oklahoma:	405-238-4700
Adult Protective Service Abuse Hotline	1-800-522-3511
Child Abuse Hotline	1-800-522-3511
Domestic Violence & Abuse Crisis Line	1-800-522-SAFE



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2401 N.W. 23rd Street, Suite 74

Oklahoma City, OK 73107

Phone: 405-521-4984 or 1-800-836-4470

www.okddc.ok.gov

Email: staff@okddc.ok.gov

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*This is not an all inclusive list of resources.
If you notice an important resource that we have inadvertently left off of the list, please let us know.*