

Beckett



What people like about me...
personable, friendly, funny,
silly, caring, kind,
hard-worker, helpful,
good-dancer, nice, cuddly,
thoughtful, compassionate

Important to Me

- Family and friends
- Vacations and activities
- Being treated respectfully
- Having fun while learning
- Doing things on my own
- Helping you and others
- Being able to express myself
- Reading books and playtime
- Getting enough time on work
- Regular schedule, knowing what to expect
- To be taught independence, doing things on my own
- To be able to make choices, ask me yes or no or say this or that
- Participating in class activities

How Best to Support Me

- Be patient; SLOW DOWN
- Have a peer help me with activities,
- Show me what you want me to do; show me how by doing it yourself first
- Encourage communication, ask questions, use my device
- I like to help people, let me help you
- I thrive on praise and attention: clap, high-five, fist-bumps, holler woo-hoo
- Give me a break if I get overwhelmed or upset
- Don't let me get away with things even though I giggle or try to be cute about it
- Allow me to show you what I know. If I don't say it, I can point & indicate in other ways
- I love lanyards! If you put them away to do work, tell me when I can get it back
- Keep my parents in the loop
- Watch out for bullies, be my voice if needed

About. My name is **Beckett**. My mom's name is Fara and my dad's name is Matthew. I have a little sister named Ansley and two dogs, Winston and Bosworth. I **love adventure and discovery**.

My Favorites. I am a relentless fan of all things **BLUE**. I am a connoisseur of **TACOS** and a collector of **LANYARDS** and **KEY CHAINS**. I have a penchant for **RANCH** dressing. I love **OU sports**– **BOOMER!** I enjoy music, dancing and playing with all my friends. Some of my favorite activities include playing outside, swimming, basketball, going on vacation, visiting the zoo, reading books, playing t-ball, helping you with activities and playing video games/iPad. If I am sad or upset, maybe some **music, play dough** or **bubbles** can cheer me up. I especially like singing "Rolling in the Deep" by Adele. I like necklaces, bubbles, dogs, my grandparents, looking at pictures (especially of myself), making faces in mirrors, taking pics with funny filters, Toy Story, Cars, Captain Underpants, watching movies, and chips with queso. Also I am super-duper into **all things Christmas and Halloween**. I do NOT like loud noises like sports announcers, balloons popping or fireworks.



Communication. My iPad is a very **useful tool for learning**. I use the iPad-mini with a special communication app on it called LAMP. I also have Proloquo-To-Go. If you cannot figure out what I want or am trying to say, I can try to tell you with my iPad. I can say some words with my voice. My words can be hard to understand, but you can always say "show me." If I want something or to show you something, sometimes I will take you by the hand and lead you to it. I have apraxia which can make it difficult to talk. I have **very good receptive language** though so I know everything you're saying. Don't let me pretend I don't hear you because that is how I try to get out of things I don't want to do. I can hear and understand you especially if you talk with short concise instructions. I **love to make decisions**. So you can ask me "this or that" questions. You can use your hands to say, do you want "this or that" and I will touch your hand to indicate which one! I **love helping you and others**. I get so excited when I can help with tasks. Sometimes if you ask me to help with something, it will encourage me to participate more, like handing out paperwork or being the line-leader.

Transitioning. Sometimes I might have a hard time transitioning from one activity to another, especially if I really like what I am doing at the time... **give me a 5 minute notice**, it will go smoother. Then you can "bribe" me or use a reinforcer, like lanyards. You might notify me of what is coming up next. For example, after this...we are going to do something even more fun like circle time or go outside. I might need a break between activities. Sometimes if we transition to something new, you might remind me that we will come back to this activity at a later date. For example, we are leaving the playground but we will be back tomorrow. Sometimes I think it is the last time I will be doing this fun activity and I might resist leaving. When walking around or between classes, sometimes I will stop and point at an item (like a poster or a chair) to show you. It will help if you acknowledge what I am showing you. If you say, "I see that. That is pretty cool." It will let me know that you acknowledged what I was showing you, and then I can move on easier. Visual schedules and regular routines help me to know what to expect, and this helps me to know what is expected of me.

More alike than different. I know many people may say that people with Down syndrome are different or should be treated differently... but I have Down syndrome and I am **just like every other kid** out there. I just want to be **happy, learn, and grow**. I have my good days and I have my bad days. **Please, let's just take it a day at a time**.

Be patient and understanding. Take it slow and show me what is expected of me.